

# SRI SIDDHARTHA MEDICAL COLLEGE-TUMKUR

(Constituent College of Sri Siddhartha Academy of Higher Education, Tumkur)

[Established under section 3 of UGC Act, 1956]

B.H. Road, Agalakote, Tumkur – 572 107

[Recognized by the Medical Council of India, New Delhi, Vide No.MCI 134(41)93MED/23105 dt :26-11-1993]

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Date: 06-03-2021

## GOP on preventive measures to contain spread of COVID-10 in the campus.

### Generic Preventive Measures:-

The generic preventive measures include simple public health measures that are to be followed to reduce the risk of COVID-19.

These measures need to be observed by all (faculty, employees, students and visitors) in these places at all times.

These include:

- i. Physical distancing norm of at least 6 feet between individuals to be maintained in all places inside the campus.
- ii. Wearing the face mask is mandatory for all. Everyone should wear face mask as per Government's instructions. Violation may attract imposition of monetary fine by the authorities.
- iii. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible
- iv. Avoid touching eyes, nose and mouth with dirty/ unwashed hands. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.
- v. Self-monitoring of health by all and reporting any illness at the earliest.
- vi. Spitting in public places is strictly prohibited. Littering, especially of the used face masks or tissues are essential. Cover mouth with tissue or inside of elbow while coughing / sneezing.
- vii. Installation & use of Aarogya Setu App shall be advised wherever feasible.
- vii. Loitering and crowding in corridors / lift lobbies is prohibited. Safe social distance must be maintained.
- viii. Lunch timing may be staggered.
- ix. Security guards on campus may make polite requests for obeying protocols and record violations and report to the concerned authority. All are requested to please refrain from arguing with them as they are performing their duty for your own safety.
- x. Please avoid spreading rumours. Be compassionate and be helpful to your friends in quarantine, while maintaining proper protocol. Please avoid social stigma around Covid-19.
- xi. Practice routine cleaning and disinfection of frequently touched objects / surfaces as workstations, keyboards, telephones, handrails doorknobs. Dirty surfaces can be cleaned by soap and water.

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xii. Use of masks throughout and carrying a personal sanitizer is a must.

## **Safe Stay at Hostels and other residential complexes**

The measures as proposed above related to use of mask/face cover, hand hygiene, respiratory hygiene, physical distancing norms and environmental sanitation will apply to hostels and other residential buildings. Further, the following specific points for Hostels/guest houses/other residential complexes shall also be followed:

Screening of every boarder needs to be done before they start staying at the hostel. Only asymptomatic boarders should be allowed to join. Symptomatic boarders shall be isolated in the designated isolation facility at the institute.

Proper crowd management in the hostel as well as in outside premises like parking lots – duly following physical distancing norms shall be ensured. Gatherings/congregations shall continue to remain prohibited.

In shared rooms/dormitories, the beds should be placed at a distance of 6 feet from each other. Temporary partitions may be considered, if feasible. Any symptomatic student should be immediately given a single room and then provided requisite medical care.

Mess facility shall follow physical distancing norms at all times. Staggering of meal timings may be done to prevent overcrowding.

On arrival the student should report to respective security staff at Hospital.

Hostel should be out of bound for all persons except essential staff with known health status.

**SOP to be followed in case a student develops symptoms (fever, cough, difficulty in breathing)**

- i. Place the ill person in a room or area where they are isolated from others.
- ii. Inform parents/guardians as the case may be
- iii. Patient will remain isolated while wearing a mask/face cover they are examined by a doctor.
- iv. Immediately inform the nearest medical facility .

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v. A risk assessment shall be undertaken by the Casualty Medical Officer and accordingly further action be initiated regarding management of case, their contacts and need for disinfection.

vi. Disinfection of the premises to be taken up if the person is found positive.

**Note:**

1. Students should carry their own dining plates, Glasses/cups, Mugs and buckets for their own safety.
2. All students should submit COVID-19 test report done with in 48 hours before arrival to the College.

  
**PRINCIPAL**  
Sri Siddhartha Medical College  
Tumkur-572107

## CONSENT FORM

I Mr. / Miss..... F/o., M/o  
..... appearing for ..... Year exam and / or  
stay at SSMC hostel give consent for the same with my own interest.  
I also assure my ward would follow all the standard COVID protocol  
as stipulated by Govt of India, Govt of Karnataka and Sri Siddhartha  
Medical College, Tumkur. My ward is solely responsible for following  
precautions and maintaining his/her safety.

Signature of the Parent

Signature of the Student

Date: